

# PSALMS

the language of the soul

## Reading Guide

*During this journey through the book of Psalms, we are committed to joining with one another through multiple spiritual disciplines each week of this series. The following is a weekly reading plan which will take us through every chapter of Psalms, as well as a single Psalm to reflect on in preparation for the following Sunday's message. In addition to reading and reflection, we also offer a Weekly Digest, consisting of a worship playlist, journaling questions, devotionals, guidance for prayer, and a monthly scripture to memorize, all available on our website.*

### Introduction

8/22-8/28	Psalms 1-5	Reflect on Psalm 2
8/29-9/4	Psalms 6-10	Reflect on Psalm 3

### Book One

9/5-09/11	Psalms 11-15	Reflect on Psalm 19
9/12-9/18	Psalms 16-20	Reflect on Psalm 22
9/19-9/25	Psalms 21-25	Reflect on Psalm 23
9/26-10/16	Psalms 26-30	Reflect on Psalm 27
10/17-10/23	Psalms 31-35	Reflect on Psalm 32
10/24-10/30	Psalms 36-40	Reflect on Psalm 41
10/31-11/6	Psalms 41-45	Reflect on Psalm 42

### Book Two

11/7-11/13	Psalms 46-50	Reflect on Psalm 43
11/14-11/20	Psalms 51-55	Reflect on Psalm 51
11/21-11/27	Psalms 56-60	Reflect on Psalm 62
11/28-1/1	Psalms 61-65	Reflect on Psalm 63
1/2-1/8	Psalms 66-70	Reflect on Psalm 71
1/9-1/15	Psalms 71-75	Reflect on Psalm 72
1/16-1/22	Psalms 76-80	Reflect on Psalm 73

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### Book Three

1/23-1/29	Psalms 81-85	Reflect on Psalm 84
1/30-2/12	Psalms 86-90	Reflect on Psalm 89
2/13-3/5	Psalms 91-95	Reflect on Psalm 90

### Book Four

3/6-3/12	Psalms 96-100	Reflect on Psalm 95
3/13-3/19	Psalms 101-105	Reflect on Psalm 99
3/20-3/26	Psalms 106-110	Reflect on Psalm 101
3/27-4/2	Psalms 111-115	Reflect on Psalm 106
4/3-4/30	Psalms 116-120	Reflect on Psalm 107

### Book Five

5/1-5/7	Psalms 121-125	Reflect on Psalm 115
5/8-5/14	Psalms 126-130	Reflect on Psalm 136
5/15-5/21	Psalms 131-135	Reflect on Psalm 139
5/22-5/28	Psalms 136-140	Reflect on Psalm 146
5/29-6/4	Psalms 141-150	Reflect on Psalm 150

**BE SURE TO VISIT OUR WEBSITE FOR THE WEEKLY DIGEST AND DISCOVER MORE TOOLS AND RESOURCES FOR OUR JOURNEY THROUGH PSALMS**



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